

Elk Grove HART  
Rancho Cordova HART  
Citrus Heights HART  
Carmichael HART  
HART of Folsom



# All HART Newsletter

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## Carmichael HART is one-year old!

**A note from the President of Carmichael HART, Scott Young:** "We met for the first time in August 2016. I'm pleased with our progress am looking forward to seeing some of our projects come to fruition. Finding housing options in today's rental market is very challenging. We do have some potential partners and are hoping to be able to house people in the near future.

It was exciting that we were able participate with both the large downtown Winter Sanctuary and the Citrus

Heights HART Winter Sanctuary, and we're looking forward to hosting our own winter sanctuary for homeless Carmichael residents this coming winter. It's encouraging that so many people in Carmichael are committed to finding solutions for our homeless population. It will take a committed, collaborative effort to see some progress.

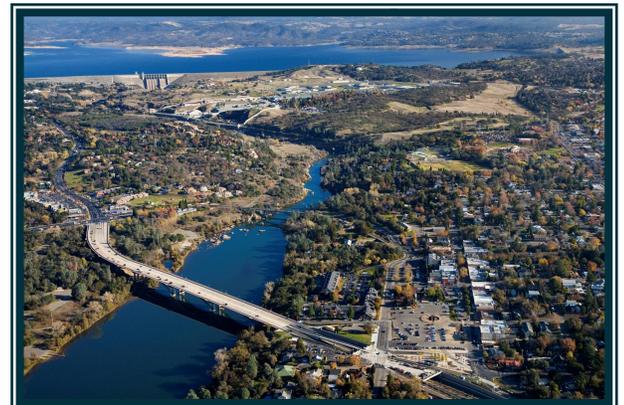
Fortunately, we have a great group of homeless advocates who are committing their time, passion, and expertise to Carmichael HART."

## HART of Folsom

**Welcome our new HART!** HART of Folsom already has a board and has begun their 501c3 paperwork. They are currently made up folks from several different churches within Folsom, each with a heart toward serving those less fortunate individuals that are experiencing tough

times in their lives. HART of Folsom has started mentoring and assisting the homeless in the area, working closely with the Folsom Police Department and the City of Folsom Administration.

*(continued on page 2)*



## Elk Grove HART's Recent Success Story

Last summer, we met Lisa living in desperation out of her car with her two little ones. It was hot and they were beyond exhausted. Exhausted from lack of sleep, fear, and the bleak prospects for the future. Mom's words said it all. *What if I lose my job because I haven't showered? What if we are attacked when I finally drift off to sleep? What if my bad credit prevents me from ever finding my own place? And the worst: What if CPS takes my little ones from me?*

The odds against her seemed insurmountable. But with great relief, that proved to be false.

Last August, Lisa and her girls entered HART's Meadow House for homeless families. During their time there, Lisa worked hard to stabilize her family. With determination, she accomplished all the goals her mentor and she set up. She got a better job with benefits, saved money, worked to better her credit, found stable childcare for her girls, and went to counseling for her own peace of



mind. Ten months of hard work paid off.

Yes, HART helped to stabilize Mom, but more importantly, the trajectory of those two precious girls' lives have been changed forever. They have lived through watching Mom work hard to succeed and it paid off. They will be compassionate, caring women because of the hardship they have been through. You can see it in their hearts. They will help to make our world a better place because of what they have been through.

We are so proud of Lisa, and happy for her family. The future looks so bright for them.

Read more [here](#).

### *HART of Folsom continued...*

They are finalizing a contract for a Homeless Outreach Navigator through SSHH, planning their first winter shelter this coming season, seeking out a transitional house (like Grace House), and are also locating affordable housing within the region. Folsom of HART is eager to help those that are seeking independence and self responsibility to become employed

and stable for housing within the area.

If you or a friend would like to help those in need in Folsom, definitely feel free to contact HART of Folsom. Folsom of HART is looking forward to a strong relationship with SSHH and other HART groups!

*Ed Kelly, President of Hart of Folsom*

# Citrus Heights HART and Rancho Cordova HART Receives Nonprofit Award!

On June 28, 2017, Citrus Heights HART and Rancho Cordova HART were chosen to be honored at the second annual California Nonprofits Day celebration.

“I am delighted to select the HART organizations of Citrus Heights and Rancho Cordova as my nominee for this year’s Non-profit of the Year,” said Assemblyman Ken Cooley. “The collaboration that HART displays by working with government, businesses, and the faith-based community, personifies an admirable paragon of charity and service.”. Rancho Cordova HART and Citrus Heights HART joined nearly one hundred other nonprofit leaders from across the state being honored at the annual California Nonprofits Day event .

“Nonprofit organizations are vitally important



to the economy and well-being of California,” said Jan Masaoka, CEO of California Association of Nonprofits, “But too often nonprofits are hidden in plain sight. We are thrilled that the State Assembly has passed a resolution for the second year in a row that puts the spotlight on nonprofits as an economic power that uses that power for the common good.”

Read more [here](#) and [here](#).



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*“Nonprofit organizations are vitally important to the economy and well-being of California.”*

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## *Planning for the Winter Sanctuary!*

All of our HART organizations are currently in the middle of planning for this coming season's winter sanctuary. HART's winter sanctuaries require time, commitment, and effective collaboration to come together. Most of all, it takes a group of people who care about those in their community that do not have a warm place to stay, food to eat, and friendly company during the cold winter months. Thank you to all the HART members, volunteers, and churches who are making it possible to provide a shelter to these individuals in need.

A typical night at a HART winter shelter begins at the intake site where guests register for the night and first-timers are briefly interviewed. They are then transported to the host site where guests are provided dinner, a warm place to sleep, activities, and breakfast in the morning.

This year, **all five** HART organizations will be having their own winter sanctuary! It will be



Carmichael HART and HART of Folsom's first year. It is amazing that so many community members are coming together, harnessing their resources, and helping the less fortunate in their neighborhood.

If you would like to volunteer, contact your local HART to find out how to get involved!

**Congratulations to Rancho Cordova HART for recently being awarded a grant by the City of Rancho Cordova that will be used to expand their winter shelter program and start a mentoring program!**

### *Upcoming HART meetings*

#### **Elk Grove HART**

Thursday, August 10, 2017 4PM  
Elk Grove City Council Chamber

#### **Citrus Heights HART**

Thursday, August 24, 2017 12PM  
Holy Family Church, Citrus Heights

#### **Rancho Cordova HART**

Thursday, August 17, 2017 12PM  
Sun River Church, Rancho Cordova

#### **Carmichael HART**

Thursday, August 17, 2017 6PM  
Christ Community Church, Carmichael  
Room M2

#### **HART of Folsom**

Saturday, August 19, 2017 10AM  
Lakeside Church, Folsom

## In Other News...



### The Pilgrimage

The First Step Pilgrimage Program is a collaboration of Sacramento churches, people and resources that provides shelter and other basic necessities to homeless individuals for 6-10 nights per month (with a plan to do every night by 2020). In 2016, they hosted 87 overnights, 8,000 individual sleep-overs and served 20,000 meals.

Their volunteers get up early to get food from the Sac Food Bank, deliver food to host church, transport sleep gear and volunteers from warehouse to host church, ready churches for our guests, greet & inform guests, prepare and serve dinner, set up the sleeping area, cleanup, launder sleep gear, and return to the warehouse or the next host church for the next day.

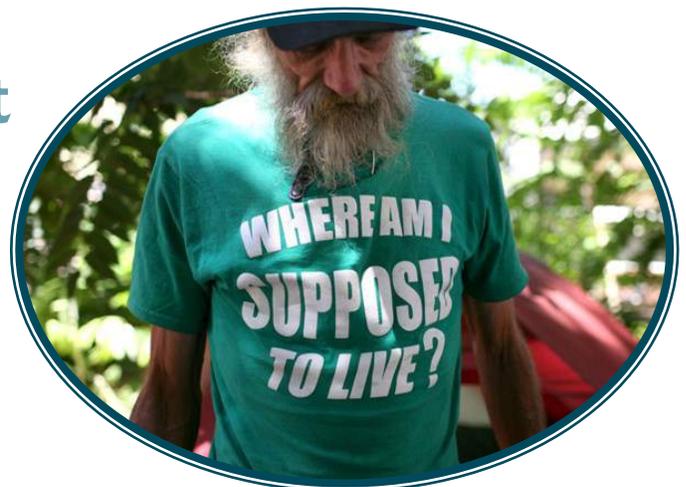
To view the calendar of upcoming shelter nights, click [here](#).

## 2017 Point-In-Time Count

On July 10, 2017, Sacramento Steps Forward released a report illustrating that the number of homeless in our county has increased significantly over the past two years.

*“The total number of people experiencing homelessness has increased by 30 percent to 3,665 since 2015.*

*Approximately 31% of people who are unsheltered are chronically homeless, meaning they have experienced prolonged bouts of homelessness and are disabled.”* The full report can be read [here](#).



Both Sacramento Mayor Darrell Steinberg and Ryan Loofbourrow, CEO of Sacramento Steps Forward, came out with articles addressing the issue at hand. The two articles highlight that our communities can't end homelessness unless we work together. Organizations like HART help us move in that direction in a collaborative effort to help end homelessness. The articles can be found [here](#) and [here](#).



## *The HART of the Matter*

HART is a collaboration between community members, religious organizations, and local nonprofits who are striving to end homelessness. Our goal is to act as a local resource and assist people in becoming independent and self-sustaining. Each HART group creates its own agenda dedicated to the needs of its local community.

Sacramento Self-Help Housing, a nonprofit working to house the homeless, supports the HART groups in obtaining their individual goals. They also provide housing counseling at the winter shelters for the guests that attend.

As proven by HART, community organizing is essential in our current climate of homelessness in Sacramento County. If you would like to get involved or start a new HART in your area, view the contact information below!

## *HART Contacts*



**Elk Grove HART**  
[www.elkgrovehart.org](http://www.elkgrovehart.org)  
[admin@elkgrovehart.org](mailto:admin@elkgrovehart.org)

**Citrus Heights HART**  
[www.citrusheightshart.org](http://www.citrusheightshart.org)  
[citrusheightshart@gmail.com](mailto:citrusheightshart@gmail.com)

**Rancho Cordova HART**  
[www.ranhocordovahart.org](http://www.ranhocordovahart.org)  
[ranhocordovahart@outlook.com](mailto:ranhocordovahart@outlook.com)

**Carmichael HART**  
[www.carmichaelhart.org](http://www.carmichaelhart.org)  
[scott@atlasarmichael.org](mailto:scott@atlasarmichael.org)

**HART of Folsom**  
[www.HARTofFolsom.org](http://www.HARTofFolsom.org)  
[info@hartoffolsom.org](mailto:info@hartoffolsom.org)



**Sacramento Self-Help Housing**  
[www.sacselfhelp.org](http://www.sacselfhelp.org)  
Ken Bennett *Community Outreach Coordinator*  
[kbennett@sacselfhelp.org](mailto:kbennett@sacselfhelp.org)  
View our 2016 annual report [here!](#)