

HART Winter Shelters

Every winter season, each HART organization hosts their own winter shelter program that works with host churches to offer overnight shelter to 20-30 homeless individuals a night.



A night at a winter shelter

A typical night at a HART winter shelter - whether in Elk Grove, Rancho Cordova, Citrus Heights, or Carmichael - begins at the check-in site where guests register for the night and first-timers are interviewed. At the host site, guests are provided a warm dinner, sleeping bags, collapsible beds, and breakfast in the morning. On select nights, special services may also be offered, from professional housing counseling to movie night.

Contact Us!

For more information to get involved.

Elk Grove: Email us at admin@elkgrovehart.org
Check out our website at www.elkgrovehart.org

Citrus Heights: Email us at citrusheightshart@gmail.com
Check out our website at www.citrusheightshart.org

Rancho Cordova: Email us at ranhocordovahart@outlook.com
Check out our website at www.ranhocordovahart.org

Carmichael: Email us at scott@atlascarmichael.org
Check out our website at www.carmichaelhart.org

EXPANDING HART

We are actively expanding HART!
If you would like to help start a HART organization in your area, contact:
Ken Bennett at

kbennett@sacselfhelp.org



What is HART?

We are a collaboration between community members, religious organizations, and local nonprofits who are striving to end homelessness. Our goal is to act as a local resource and assist the homeless and at-risk in becoming independent and self-sustaining. Each HART group creates its own agenda dedicated to the needs of the local community. Sacramento Self-Help Housing, an agency that has an experienced history in housing and helping the homeless, supports the HART group in obtaining their individual goals.

CARMICHAEL SINCE AUGUST 2016

Our newest HART is very motivated and has lots of plans. We have over 40 in attendance at our regular monthly meetings. Carmichael HART assisted with the Sacramento and Citrus Heights winter shelters and will be organizing their own winter shelter this coming season.

Carmichael HART Committees

Carmichael HART has an Advocacy Committee striving for geographical equity, a Housing Committee looking to start a transitional house, and a Youth Initiative Committee that is developing a plan to assist homeless students. Some Rancho Cordova HART and Citrus Heights HART members are also participating in the Youth Initiative Committee to address homelessness among our youth.

RANCHO CORDOVA SINCE 2013

Rancho Cordova HART is starting to work in collaboration with the City of Rancho Cordova in a Homeless Solutions Committee. RC HART is also looking to expand its winter

CITRUS HEIGHTS SINCE 2014

Citrus Heights Navigator

Since 2016, the City of Citrus Heights has their own Navigator that identifies and helps homeless individuals the city. The Navigator works with the Citrus Heights Police Dept., Sacramento Self-Help Housing, and Citrus Heights HART to efficiently locate and provide housing resources for those in need.

Veterans Stand Down

Citrus Heights' annual Veterans Stand Down is host to more than thirty vendors, each of whom provide goods or services to veterans and their families for free.

**CITRUS HEIGHTS
VETERANS
STAND DOWN**

TUESDAY, APRIL 18, 2017

Koly Family Church | 7817 Old Auburn, Citrus Heights



shelter program while assisting the Sacramento County Navigator working in Rancho Cordova.

Give One Day is a fundraising campaign to help end homelessness in Rancho Cordova. Donate the amount you spend on one day's mortgage/rent by dividing your monthly payment by 30. Please contact Rancho Cordova HART for information.

ELK GROVE SINCE 2010

Meadows House and Grace House

Elk Grove is home to two transitional living houses, Meadows House for families with children and Grace House for individuals and couples. Elk Grove HART helps place individuals in the houses and provides volunteer mentoring once guests are placed, while Sacramento Self-Help Housing provides one-on-one case management.



*Elk Grove HART
volunteers*

Elk Grove Navigator

In 2017, the Elk Grove Police Department funded a Navigator that is contracted through Sacramento Self-Help Housing and works with Elk Grove HART. The operations will mirror those of the Citrus Heights Navigator program, which has shown to be successful and effective.