

HART Public Health Awareness Information

COVID-19 Pandemic

COVID-19 is caused by a new coronavirus. We are learning about how severe it is, and other features of the disease. Transmission of COVID-19 in your community could cause illness among people experiencing homelessness, contribute to an increase in emergency shelter usage, and/or lead to illness and absenteeism among homeless service provider staff.

Early and sustained action to slow the spread of COVID-19 will keep staff and volunteers healthy, and help your organization maintain normal operations. (CDC, 2020)

People who are homeless are at risk of COVID-19.

Although it may not be possible to avoid certain crowded locations (such as shelters), people who are homeless should:

- Try to avoid other crowded public settings.
- If using public transportation, follow the CDC guidance on how to <u>protect yourself</u> when using transportation, try to travel during less busy times, and <u>clean your</u> <u>hands</u> as soon as possible after their trip.
- If possible, use take-away options for food.
- Maintain a distance of 6 feet (about two arms' length) from other people.
- Wash their hands with soap and water for at least 20 seconds as often as possible, and cover their coughs and sneezes.

(CDC, 2020)



Sacramento County *COVID-19 Hotline:* 916-875-2400



Sacramento County current news and updates on local COVID conditions:

Covid19.SacCounty.net



City of Folsom COVID-19 Information:

https://www.folsom.ca.us/residents/emergency/covid 19/de fault.asp