



HAPPY NEW YEAR

HART of Folsom Winter Shelter is open!!!

Intake for guests is daily at 5:00 pm at Upper Rodeo Gate Area (across the parking lot from Folsom Library) – we are there for unhoused adults in Folsom!

Thanks to all of you who are making it happen for our guests each day:
HART Volunteers who serve a shift every week of the season - you are fantastic!

Hosts: Oak Hills Church, Reflection MCC, Church of Jesus Christ of Latter-Day Saints, Trinity Episcopal Church, Muslim Center of Folsom, Disciples Church, Lakeside Church, Harbor Church – awesome hospitality!

Restaurants: Chick-Fil-A, Quick Dish, That Dam Place, Annapoorna –delicious!

Intake: Folsom Parks and Recreation department - we are so grateful!

Donations: District Church, Hope Presbyterian Church, and others -

THANK YOU!



Point in Time Count

Sacramento Steps Forward (SSF) announced that the evenings of Wednesday, January 24th, Thursday, January 25th, and Friday, January 26th have been selected for Sacramento's 2024 Point in Time Count (PIT). SSF is seeking hundreds of volunteers to help with the most wide-ranging community effort to determine the number of people experiencing homelessness in the Sacramento region.

Folsom PIT Count night is scheduled for January 26, 2024 from 4pm to 9pm.

To register as a volunteer, go to the PIT [Volunteer](#).



Monthly Volunteer Highlight!

Lilli Duval

Lilli came to HART last year and serves as one of our beloved Board Members. She heard about HART from two organizations, Folsom Lake Rotary and her work with the League of Women Voters Sacramento on Homelessness in the Sacramento County. Lilli began volunteering at HART in 2021 at the HART Winter Shelter.

Lilli says, "Volunteering, whether for HART or in other organizations, I am an active participant, which provides me with insight into areas of life and the world that I may not have been exposed to otherwise. My life of working with people has allowed me to be an active listener."

She feels HART organizations do good work on the ground. The current systems for assisting the unhoused in our county are insufficient. Local activism in this area provides some grass roots assistance.

Lilli leaves us with some food for thought:

Check your heart for reasons to volunteer. If you wish to assist in lifting up another person or organization, then HART may be a good option for you. We have needs for volunteers in many areas including:

- 1-Community Partners for our seven Transitional Housing Clients who are building new healthy lives
- 2-Grant Writing and Fund Raising
- 3-Shelter Volunteers
- 4-IT Assistance
- 5-Web Platform Outreach
- 6-Rodeo Volunteering
- 7-Donors for small to large needs.

If you're interested in any of these areas, please contact Lilli at 916.715.4432 or email her at lilliduval@gmail.com.



HART Transitional Housing Update

As we enter 2024, our Transitional Housing Program clients are making outstanding progress toward a life of independence! Our seven clients (five women and two men) are actively employed, and those that need medical attention are receiving it. Also, more than one client is pursuing higher education and others are volunteering regularly in the Folsom Community.

HART is excited to see positive growth in our Transitional Housing Program. With the addition of professional case management in 2023, our clients are receiving optimum care including services offered through the Sacramento Steps Forward Programs.

Turning to 2024, the Transitional Housing Program will initiate a new program – The Community Partners Program. This program is seeking volunteers who wish to come alongside our clients as friends. Along with the Community Partners Program, HART will host quarterly group outings, and the first event will be in January. If you have an interest in becoming a Community Partner and/or joining our group outings, please feel free to contact Lilli Duval at 916.715.4432 or email her at lilliduval@gmail.com.

We know 2024 will be a productive year for our clients and hope you will share in their accomplishments with us!

Kind regards,

Your Team at HART

Donations Welcome

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